

# Feel better with a book

## Memory groups

(For people with memory loss and their carers)

### Weekly groups are held on:

**Thursdays: 10:00am - 11:30am**

Manor Drive Methodist Church Hall, Manor Drive, Whetstone N20 0DZ

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**Fridays: 2:00pm - 3:30pm**

Carlton Court Care Home, 112 Bells Hill, Barnet, Hertfordshire, EN5 2SQ



The Reader Organisation connects people with great literature through shared reading groups. Our aim is to improve people's well-being, build stronger communities and increase reading for pleasure with a cup of tea thrown in! There's no pressure to read aloud and you can simply sit back and enjoy being read to.

**"It's changed our lives really"**

-Devon Memory Group member

For more information please contact Paul  
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or calling 07815 554713